

# SOUL TALKS

Claudia Hehr is an animal communicator, an empath, and so much more. Claudia has clients all over the world. Whether they have questions on what their dogs need or are just curious to know what their pet snake thinks, Claudia talks to them all. But what is it like to talk to animals? And is it something we all can do? Those are just some of the questions we asked Claudia, and she was happy to answer them all.



## Youth

Claudia has had a special connection with animals ever since she was a child. Whenever she met an animal on the street, she would know how they felt, if they were mistreated or hungry. Like many young children, Claudia confided in her mother. "At one point, she said to me: 'Claudia, shut up, or they'll come with a straight jacket and put you in the loony bin.' When you're four or five years old, you believe your mom. So I didn't talk about it anymore."

Despite not being able to talk about it, Claudia subconsciously trained her ability to communicate with animals. "When I grew up, both my parents were alcoholics, and my mother was abusive. So when I was in kindergarten – and later on in life – when I came home, I would have to know what

my mother was thinking to know how to behave."

## Canada

Claudia moved from Germany to Canada when she was twenty years old and opened Canada's first dog daycare. And this is where she heard about other people who could communicate with animals. "I heard about a lady who could talk to animals and thought: 'I have to talk to this lady.' So, I set up a session with her and my dog companion, and it was one of the most amazing experiences I had." The memory brings a smile to Claudia's face. "It was a twenty-minute session. We started to talk with my dog companion, Rupert." For a moment, Claudia falls silent, "And all of a sudden, I knew everything. I had been communicating with Rupert, but I didn't know because no one ever showed me." Tears gather

in Claudia's eyes, but her smile grows. "I still get emotional about this. My dog had a voice, and it was so overwhelming." From that moment on, Claudia knew this was what she wanted to do. She found a lady in the US who taught others how to communicate with animals and signed up for a course.

**"We are a soul with a body; animals are the same"**

## Soul language

So, how does it work? Is it like sensing when something is wrong with your friend without them saying a word about it? Well, yes. "There are many ways to communicate with animals, but most of them are just a one-way street." Telepathy, the way Claudia communicates with animals, is a universal language, but that's not how she calls it. "I like to call it soul language. Most people think we are a body with a soul, but we are a soul with a body; animals are the same." Communicating with animals doesn't happen in your head; it happens with your body. "We are all souls; we just look different."

## Sessions

Of course, the most memorable session was when Claudia first communicated with Rupert. But since then, Claudia has communicated with so many animals there are bound to be a few more memorable sessions she has had. For example, when a lady brought her dog companion, a Bullmastiff, to Claudia. The woman has rescued Bullmastiffs, but this one was different. "I've had him for six months, and I have not been able to touch or feed him unless he's in his crate. Otherwise, this huge dog flops on the floor, shaking," the woman told Claudia. She had done everything she could think of, but nothing worked. And so, she booked a session with Claudia. "What happened? Tell me a bit about yourself," Claudia asked the dog. And he did. "He described the first six months of his life, where every single day, he was beaten to a pulp. It was the most abused animal I've ever come across. And then he asked me: 'When is she going to hurt me?'" Claudia takes a deep breath and looks away. "Because for him, every day he woke up and he thought 'I didn't get it today, so I'm going to get it today.' The longer it takes, the worse he expected the beating

to be." For the second time, tears form in her eyes. "So I said to him: 'No, this is over with, you're safe now. This lady will look after you for the rest of your life.'" Three days later, the woman contacted Claudia. She couldn't believe it, for a year and a half she had tried everything, and now, he was sitting next to her, eating from her plate.

## DIY

Some people might think that animals are not meant to be pets. Would a dog not be happier living freely? Not according to Claudia. Animals want to be around us. They like our company as much as we like theirs. However, this is just one of many misconceptions we have about our animal companions, and some of those could hurt them. "The most important thing for people is to learn how to talk to animals. They don't understand negatives. For example, when you say 'don't bark,' they only hear 'bark,' and when they do, you punish them." Another common mistake people might make is not telling their animal companion the truth or sneaking out. "It causes a lot of animals to have abandonment issues. Where is the trust?" Claudia lets out a sigh, clearly frustrated. "You sneak out when your dog is sleeping and for the rest of their life they'll be scared to go to sleep because they might wake up, and you're gone."

**"It's my mission to change the way people see animals. That's why I do the work I do"**

## Future

Claudia isn't shy about her mission. She wants people to see animals the same as humans: a soul with a body. "It's my mission to change the way people see animals. That's why I do the work I do."

Claudia's passion is visible during our entire conversation. When she gets emotional while talking about her first time communicating with Rupert or when she gives tips on how to treat animals better. We might not be as developed in being an empath as Claudia is, but we think it's safe to say she is one of the most beautiful souls we have met.

**Want to know more about Claudia? Visit her [website](#) or [Linkedin page](#).**